

Am I pregnant?

Most Common Symptoms of Pregnancy

- Missing your period (or it is late)
- Bloating, or retaining water
- Unusually thick discharge
- Nausea or vomiting, at any time of day
- Very sore and/or swollen breasts
- New, intense dislike of certain smells or tastes
- Increase in how often you go to the bathroom

While experiencing some of these symptoms may indicate only that you have the flu, food poisoning or some other issue, having several of them together without a fever or other symptom increases the possibility that you are pregnant.

Home pregnancy tests (available at supermarkets and drug stores) are very reliable if you follow the directions closely, and the same tests are usually offered for free at pregnancy centers.

Free, Confidential Help and Information

If you believe you are pregnant and would like to talk with a trained counselor, many centers offer free and confidential services in the Indianapolis area:

Crisis Pregnancy Center of Bloomington, Indiana
24-hour Help Line: 1-812-334-0055

WebMD: Am I Pregnant?

<http://www.webmd.com/baby/finding-out-youre-pregnant>

These centers can give you free advice and information about your options if you are pregnant. At our firm, we can also lay out your options, and while we see adoption as the best choice in most cases, we will discuss all your choices with you without any pressure.

If you would like to talk with someone at Kirsh & Kirsh, P.C., or just get more information, please feel free to call us anytime, day or night, at 866-469-9200. We can explain your options in a non-judgmental, confidential meeting, and we will travel to wherever you are.